

DEALING WITH BULLYING

At Mayflower High School every student has the right to be part of a safe and happy community. Whilst bullying does not happen very often at Mayflower, we will always deal quickly and effectively with any incidents of bullying that may happen.

Bullying is when one or more people deliberately and repeatedly set out to cause physical or emotional hurt to another student. This could happen in more than one of the following ways:

- | | |
|---------------------|--|
| PHYSICAL | (Hitting, kicking or pushing of others) |
| VERBAL | (Name calling or insulting others) |
| EXCLUDING | (Stopping people from taking part in activities and encouraging others to do so) |
| MOBILE PHONE | (By voice, text, photograph, video or other means of data) |

If you do experience any form of bullying you **MUST**:

- Tell an adult or a teacher
- Speak to a Peer Supporter in school
- Try not to get involved or react to those who are bullying you

Remember that it is not your fault that this is happening and it is the bully who is in the wrong.

By letting someone know, we can help to sort the problem out.

It can sometimes be difficult for someone who is being bullied to say something, so if you know or suspect one of your classmates is being bullied, you **MUST** let an adult know immediately. Doing nothing makes it look like you are on the side of a bully.

We will treat any instances of bullying very seriously and will **ALWAYS** support anyone involved in a bullying incident. By working together we can help to make Mayflower a safe and happy school for everyone.