



MENU 2023

WEEK 1

	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main		Homemade Chicken Fajita with Mixed Peppers in a Wrap £1.10 Allergen: Wheat	Cheese / Pepperoni Pizza £1.10 Allergen: Wheat, Barley, Milk	Homemade Beef Mince Bolognese with Spaghetti and Tomato Sauce £1.10 Allergen: Wheat	Locally Produced Butchers Sausages 65p each Allergen: Wheat, Sulphites	Fish £1.10 Allergen: Fish, Wheat Southern Fried / Breaded Chicken in a Wrap £1.10 Allergen: Wheat, Mustard, Milk, Celery, Soya
Vegetarian Option		Homemade Vegetarian Fajita in a Wrap £1.10 Allergen: Wheat	Vegetarian Pasta Bake £1.10 Allergen: Wheat, Milk	Homemade Vegan / Vegetarian Bolognese with Spaghetti and Tomato Sauce £1.10 Allergen: Wheat, Soya	Vegetarian Sausages 65p each Allergen: Wheat, Sulphites, Soya	Vegetable Lasagne £1.10 Allergen: Wheat, Milk
Potatoes		Oven Baked Criss Cross Fries 65p Allergen: Wheat	Oven Baked Potato Wedges 65p Allergen: Wheat	Oven Baked Herby Diced Potatoes 65p Allergen: Wheat	Creamy Mash Potato 30p a scoop	Chips £1.10
Vegetables		Green Beans or Baked Beans 45p	Sweetcorn or Beans 45p	Broccoli 45p Garlic Bread 45p Allergen: Wheat	Peas or Beans 45p	Peas or Beans 45p
	Hot Savoury: Panini's – Various Fillings Jacket Potatoes with Various Fillings Pasta and Various Sauces Seasonal Vegetables Baked Beans Quiche		Cold Savoury: Salad Bar – Large Selection Filled Rolls, Sandwiches, Wraps		Cold Items: Roll and Butter Pasta Salad Fresh Fruit Salad/Platter Yoghurts Fresh Fruit Selection of Hot & Cold Puddings	



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WEEK 2

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Homemade Beef Enchilada with Cheese £1.10 Allergen: Wheat, Milk	Chicken or Beef Burger £1.10 Allergen: Wheat, Egg, Soya, Barley, Sesame	Homemade Chicken Tikka Marsala £1.10 Allergen: Milk	Locally Sourced Roast Gammon £1.10	Southern Fried or Breaded Chicken Goujons in a Wrap £1.10 Allergen: Wheat, Mustard, Celery Fish £1.10 Allergen: Fish, Wheat
Vegetarian Option	Homemade Vegetable Enchilada with Cheese £1.10 Allergen: Wheat, Milk	Vegetable Stir Fry in Noodles with Sweet Chilli Sauce £1.10 Allergen: Wheat	Homemade Vegetable Curry £1.10 Allergen: Milk	Quorn Roast Chicken £1.10 Allergen: Wheat Cauliflower & Broccoli Cheese £1.10 Allergen: Milk	Mixed Stuffed Peppers with Spicy Rice £1.10
Potatoes	Oven Baked Herby Diced Potatoes 65p Allergen: Wheat	Oven Baked Criss Cross Fries 65p Allergen: Wheat	Steamed Rice 65p Naan Bread 45p Allergen: Wheat	Roast Potatoes 65p Giant Yorkshire Pudding 80p Allergen: Wheat, Egg, Milk	Chips £1.10
Vegetables	Broccoli 45p	Sweetcorn or Beans 45p	Cauliflower or Beans 45p	Peas & Carrots 45p	Beans / Peas 45p
Hot Savoury: Panini's – Various Fillings Jacket Potatoes with Various Fillings Pasta and Various Sauces Seasonal Vegetables Baked Beans Quiche		Cold Savoury: Salad Bar – Large Selection Filled Rolls, Sandwiches, Wraps		Cold Items: Roll and Butter Pasta Salad Fresh Fruit Salad/Platter Yoghurts Fresh Fruit Selection of Hot & Cold Puddings	



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WEEK 3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Butchers Pork Meatballs in Spaghetti and Tomato Sauce £1.10 Allergen: Wheat, Soya, Sulphites	Cheese / Pepperoni Pizza £1.10 Allergen: Wheat, Barley, Milk	Homemade BBQ Chicken £1.10 Allergen: Mustard	Butchers Sausages 65p each Allergen: Wheat, Sulphites	Southern Fried or Breaded Chicken Goujons in a Tortilla Wrap £1.10 Allergen: Wheat, Mustard, Celery Fish £1.10 Allergen: Fish, Wheat
Vegetarian Option	Meatless Meatballs £1.10 Allergen: Wheat, Sulphites	Shepherdess Pie £1.10 Allergen: Soya	Homemade BBQ Vegetables £1.10 Allergen: Mustard	Butchers Vegetarian Sausages 65p each Allergen: Wheat, Soya, Sulphites	Macaroni Cheese £1.10 Allergen: Wheat, Milk
Potatoes	Oven Baked Herby Diced Potatoes 65p Allergen: Wheat	Oven Baked Criss Cross Fries 65p Allergen: Wheat	Rice 65p	Creamy Mash Potato 30p a scoop Giant Yorkshire 80p Allergen: Wheat, Egg, Milk	Chips £1.10
Vegetables	Cauliflower 45p	Sweetcorn or Beans 45p	Broccoli 45p	Peas / Beans 45p Gluten Free Gravy	Beans / Peas 45p
Hot Savoury: Panini's – Various Fillings Jacket Potatoes with Various Fillings Pasta and Various Sauces Seasonal Vegetables Baked Beans Quiche		Cold Savoury: Salad Bar – Large Selection Filled Rolls, Sandwiches, Wraps		Cold Items: Roll and Butter Pasta Salad Fresh Fruit Salad/Platter Yoghurts Fresh Fruit Selection of Hot & Cold Puddings	



MENU 2023

WEEK 4

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Homemade Sweet & Sour Chicken £1.10 Allergen: Celery	Chicken or Beef Burger £1.10 Allergen: Eggs, Soya, Barley, Wheat, Sesame	Korma Chicken Curry £1.10 Allergen: Milk	Roast Gammon £1.10	Southern Fried / Breaded Chicken Goujon £1.10 Allergen: Wheat, Soya, Milk, Celery, Mustard Fish £1.10 Allergen: Fish, Wheat
Vegetarian Option	Homemade Sweet & Sour Vegetables in Noodles £1.10 Allergen: Wheat, Celery	Vegetable Pasta Bake £1.10 Allergen: Wheat	Korma Vegetable Curry £1.10 Allergen: Milk	Nutless Roast Slice £1.10 Allergen: Wheat, Eggs, Sesame, Peanuts and Tree Nuts Cauliflower & Broccoli Cheese £1.10 Allergen: Milk	Vegetable Spring Rolls (x2) £1.10 Allergen: Celery, Eggs, Wheat, Milk, Barley, Soya
Potatoes	Rice 65p Noodles 65p Allergen: Wheat	Oven Baked Potato Wedges 65p Allergen: Wheat	Rice 65p Naan Bread 45p Allergen: Wheat, Milk	Roast Potatoes 65p Yorkshire Pudding 45p Allergen: Wheat, Milk, Egg	Chips £1.10
Vegetables	Green Beans or Baked Beans 45p	Sweetcorn or Beans 45p	Cauliflower 45p	Peas & Carrots or Beans 45p Gluten Free Gravy	Beans / Peas 45p
Hot Savoury: Panini's – Various Fillings Jacket Potatoes with Various Fillings Pasta and Various Sauces Seasonal Vegetables Baked Beans Quiche		Cold Savoury: Salad Bar – Large Selection Filled Rolls, Sandwiches, Wraps		Cold Items: Roll and Butter Pasta Salad Fresh Fruit Salad/Platter Yoghurts Fresh Fruit Selection of Hot & Cold Puddings	