

MAYFLOWER HIGH SCHOOL NEWSLETTER



In this issue

- Achievement Award Winners KS3 & KS4
- An Outstanding Rugby Player - Ava Borrageiro
- Design & Technology
- Fairtrade Fortnight
- Food Preparation & Nutrition
- Further Equestrian Success
- Governor Profile- Steve Wright, Chair of Governors
- Jack Petchey Award
- Make your Mark Ballot
- Mayflower Alumni - Shannon O'Geran
- Mayflower Mental Health and Wellbeing Team
- Spanish Spelling Bee
- The General Synod
- Ukraine Collections
- Year 7 Art & Design

This has been a rather unusual few weeks in many ways, as public examinations draw closer, it is clear that our students in the senior years are very focussed as momentum gathers regarding public examinations and their preparation. Yet around them the situation in Europe and the experiences of children and young people is so very different. The students of the school have been bringing in goods for the Ukraine collection.

Leadership is a privilege and our students never fail to rise to the challenge and demonstrate their leadership skills and their willingness to help others. I attended a sixth form student council meeting last week and what was evident was genuine social conscience, confidence, and compassion for others with a real desire to make lives better. They discussed and offered suggestions to improve practice within the school, especially how we should be doing more regarding recycling but also how they could raise funds for other groups of people within society. They certainly do make me proud and optimistic of their continued contribution to society. The school has many student leadership groups, all very committed with enthusiastic, articulate leaders of tomorrow.

Ms J Williams
Interim Headteacher



Jack Petchey Award

Congratulations to Katie Nicklin in Year 12 for winning the Jack Petchey Award for March. Katie has set up a debating group within the sixth form which is engaging and informative for our students. She is going to use the money from the fund to look at expanding the group into Key Stage 4. If you would like to nominate a student please email me at educate@mayflowerhigh.essex.sch.uk for the attention of

Mrs Cooke



Congratulations

Jasmine Patel

for winning the Year 7
Spanish Spelling Bee
final 2022!

Well done to all the
other participants



“An Outstanding Rugby Player”

Year 11 student, Ava Borrageiro, and her Basildon rugby team have made it into the semi-final of the RFU U18s National Cup. Ava plays rugby for Basildon Girls U18s, who beat Worthing U18s 27- 10, to set up a semi-final against Kingsbridge U18s on 27 March. Ava has been playing rugby for over 7 years and is also a member of the Essex county squad, Premiership team Saracens U18s girls’ team. She is also currently part of the Saracens Centre of Excellence Player Pathway.

Ava’s team are currently one of the top 4 teams in the country, which no other Essex team have reached. Team coach Simon Beadle said “Ava and her team put in a fantastic performance on Sunday and thoroughly deserve to be in the semi-final. Ava has worked really hard all season and has developed into an outstanding rugby player.”

The school has been delighted to learn of Ava’s success. Good luck in the semi-final, Ava!

Mr R Harvey

Art & Design

Our Year 7 students have been working extra hard on their watercolour Fish paintings inspired by the artist Marcia Baldwin.

A special mention to these students who have done an exceptionally fantastic job; Oliver Sargood, Aiden Trunks, Harriet Borg, George Daines, Evie Domakin, Laura Simpson, Julianna Bauckham and Ollie Stroud.

Miss S Brown



Design & Technology

In Textiles club last week our creative students finished making their very own cats and dogs out of old socks. This was helping to teach about recycling and upcycling, taking something old and turning into something new. What an amazing job they all did to finish them and they all look so sweet.



In Miss Miles Year 8 candle holder project, students have been designing their very own candle holder out of plastic and aluminium. Last week they progressed and made models out of card to test the idea of the structure. What beautiful work. A huge well done to you all, can you spot your work?

Food Preparation & Nutrition

Last week in Miss Miles Year 7 food technology class students were learning how to create couscous salad. They had really taken their chopping skills to the next level after their first food practical of fruit salad. Your couscous all looked so delicious.



A huge shout out to Bella Bleakley, Anthony Tindle, XanderBaroi-Silvey and Evie Plummer who plate styled their couscous at home. They have done an amazing job and created restaurant quality food.



In Miss Miles food class students have made scone based pizza this week. This involved them making the base with the rubbing method and then forming it into a dough in one lesson. The other lesson they practiced their chopping skills and presentation skills. A huge well done to you all your pizzas look delicious and I am sure they agree as they even got to taste it in lesson.

A shout out to Ollie Sunderland, Ava Coughlan, Eleanor Packman, Maggie Joliffe, Jonathan Clarke and Elsa Ward for producing some amazing looking pizzas.



In Mr. Kempin's Year 9 class last week for food students made enchiladas. They look delicious and so well presented. Can you spot yours?



Miss J Miles

Further Equestrian Success!

I am delighted to be able to report that Holly Bashman, a student in Year 10, has enjoyed some further success in equestrianism.

Having competed in the NSEA (National Schools Equestrian Association) National Championship for Dressage, coming 4th and 10th in extremely strong fields of both state and independent schools from across the country, Holly has recently enjoyed more success. Holly was competing in the NSEA Eventers Challenge at Brook Farm Training Centre in Stapleford Abbots between Romford and Ongar. This event is Arena Cross-Country, 7 show jumping fences and 7 cross-country fences with an optimum time to achieve. By finishing third,

Holly has qualified for the NSEA Eventers Challenge Final in May, which is scheduled to be held at the world-famous All England Jumping Course at Hickstead, in West Sussex.

Congratulations, Holly, on your achievements to date; the best of luck and our very best wishes for the final in May!



Mr J Rowlands

Governor Profile

Steve Wright - Chair of Governors

I have many years of experience in the Refrigeration and Air Conditioning industry from domestic refrigerators through commercial refrigeration to a variety of chillers and heat pumps, but most recently heavy equipment.

I have over 15 years' experience as a school governor, achieving a BTEC Advanced in School Governance in 2004.

I was proud and privileged to have served London as a 2012 Olympic and Paralympic Games-maker

Steve Wright



The General Synod

The General Synod, the national assembly of the Church of England, met for its second session of the year last month. On the agenda were debates regarding the environment, the independent safeguarding review and motions challenging the government to address slavery and human trafficking as well as the right to freedom of belief for the many people of all faiths who have this right restricted across the world – estimated to affect over 80% of the people in the world.

We also received a presentation from Lord Paul Boateng, currently chairing the Archbishops' Commission for Racial Justice, working to ensure that the church better reflects the diversity of society at all levels.

While the daytimes are packed with legislative business, there are also many other events to attend. It is the custom at some point during the five-year term for all representatives to be invited to supper at Lambeth Palace by the Archbishop of Canterbury and, being at the top of the alphabet, our diocese was first, along with Bath & Wells, Canterbury and Chester. Having recently studied the murder of medieval Archbishop Thomas Becket, Year 7 were keen that I return with a selfie with the current incumbent and Archbishop Justin was pleased to oblige. I think the students

were quite relieved to see this Archbishop in one piece!

Mrs K Cumber



Make your Mark Ballot

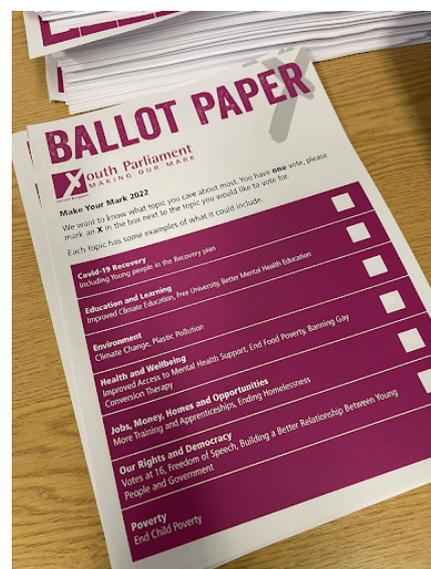
In tutor time over the last 4 weeks, tutor groups have been completing ballots as part of the 'Make Your Mark' scheme. This is a scheme that Young Essex Assembly (YEA) and the UK Youth Parliament (UKYP) have been rolling out across Essex, in partnership with the British Youth Council.

The UK Youth Parliament is a youth led organisation that shadows the House of Commons and aims to give young people a voice. The Make Your Mark ballot is one of the biggest youth-led consultations aiming to make a difference on the area they stand for or on a nationwide project. When completing these ballots, the top two become our main campaigns. The top third and fourth issues are then debated by members of the UKYP in the House of Commons and the one which the most members vote on becomes our 3rd nationwide campaign.

This year, seven issues were brought onto the ballot; Our Rights and Democracy, Covid-19 Recovery, Education and Learning, Environment, Jobs, Homes, Money and Opportunities, Health and Wellbeing and Poverty. In our school, the top three issues that students voted for were the Environment, Health and Wellbeing and Jobs, Homes, Money and Opportunities.

I stand for the YEA and, in the next election I am going to stand for UKYP. This is in order to make a difference on what young people believe are issues and what they want to see changed within the South of Essex; Basildon, Brentwood, Castlepoint and Rochford. We are very lucky in Mayflower to have a thriving Politics department so if you do have any questions about Politics, please see Miss Gunnell in room 73.

Thomas Williams 9M1



Fairtrade Fortnight

Members of Mayflower Eco Club & Rights Action Group have jointly delivered assemblies on 'Fairtrade Fortnight' to raise awareness of Fairtrade and the work they do.

There are still many farmers and workers growing the food we eat every day who do not earn enough to feed their families, invest in their community, or build resilience against health and climate shocks. Fairtrade Fortnight is the time when the movement comes together.

Farmers, campaigners, supporters, shoppers, civil society, commercial partners and the Fairtrade Foundation work together to shine a light on the problems farmers still face, and how we can all be part of the solution by choosing Fairtrade.

Fairtrade Fortnight 2022 is also the next major moment to further amplify the voices of Fairtrade producers on the frontline of the climate crisis and the important role of businesses and consumers in supporting them to build greater climate resilience through Fairtrade.

Well done to all those involved in the assemblies and for raising awareness to students at Mayflower about the amazing work of Fairtrade.

Interested in joining Eco Club or Rights Action Group?
See Mrs C Davis/Ms K McKay for more information.



Mayflower Mental Health and Wellbeing Team

The Mental Health and Wellbeing team is a group of Year 13 students within Mayflower High School who are interested in the awareness of students Mental Health and Wellbeing within Mayflower.

The team consists of I, Kedi Burge, Assistant Head Student: Mental Health and Wellbeing, and seven other students who share an objective of achieving greater awareness, understanding, and support of student wellbeing.

Following a significant period of mock examinations, I feel it is vital to draw attention to the struggles with students' mental health during exam periods, and how this can be mediated.

We stress the importance of the following things: a healthy and balanced diet, sufficient sleep, sources of communication for the child, and flexibility of revision, which means still allowing time for things the student enjoys. For further information, please check out the links on the 6th form page of the school website.

We would also like to draw attention to the ever-increasing issue of body image and appearances within society. Sadly, school children are extremely susceptible to the likes of comparison between student's appearances and hearing about/adapting to unhealthy habits. Whilst teachers and students here at Mayflower actively enforce rules to build a kind community, disallowing negative comments, the issue still spreads to wider society. We have put together some website links with helpful information on the 6th form page of the school website.

Challenge: Take 10 minutes to DO NOTHING: try to sit down and relax for ten minutes. Set an alarm to avoid the nervousness of checking the clock for the time, avoid mental tasks such as planning dinner and what you will do tomorrow. Fulfil this ten-minute gap with nothing. Good luck!

Kedi Burge

Ukraine Collections

The ongoing situation in the Ukraine is utterly heartbreaking. Staff and students at Mayflower wanted to do something to help, we have been working with Key Lime PR & Marketing in Billericay who are organising collections to be sent to those in need in the Ukraine.

We have been overwhelmed by the generosity of staff, students, parents and carers. Thank you so much to everyone who has donated.

Here is a list of items which are still needed, we will continue to collect for as long as the items are needed. Any donations can be dropped off to Room 86 or to the main school reception.

Mrs C Davis



MAYFLOWER HIGH SCHOOL

We are collecting donations to be sent to Ukraine to help those in need.

Hygiene:

Sanitary Products,
Toothbrushes,
Tooth Paste,
Body wash,
Wet wipes,
Packets of tissues

Clothing:

Warm Jumpers/Fleeces,
Thermal wear,
Socks,
Bum bags,
Sleeping Bags & Matts,
Gloves/Scarfs,

Baby Items:

Baby Bottles, Nappies, Baby milk cartons & powder



Other:

Coffee sachet (three in one),
Cuppa soups, Tinned food,
Pasta, Plastic plates/cups and cutlery,
Torches with batteries,
Candles and matches,
Dog and Cat food

First Aid:

First Aid kits,
Field Bandages,
Strong Paracetamol,
Ibuprofen,
Cold & Flu Treatment,
Antiseptic cream,
Bandages (different sizes),
Sterile dressings
Surgical tape,
Wound closure strips,
Vapour rub,
Barrier cream,
Cough syrup,
Antiseptic body wipes,
Water purification tablets,
Hand gel,
Sterile gloves.

If you are able to donate please drop them off to Mrs C Davis in room 86.

www.mayflowerhigh.essex.sch.uk

Success and Opportunity for all

Be Respectful, Be a Learner, Be Safe



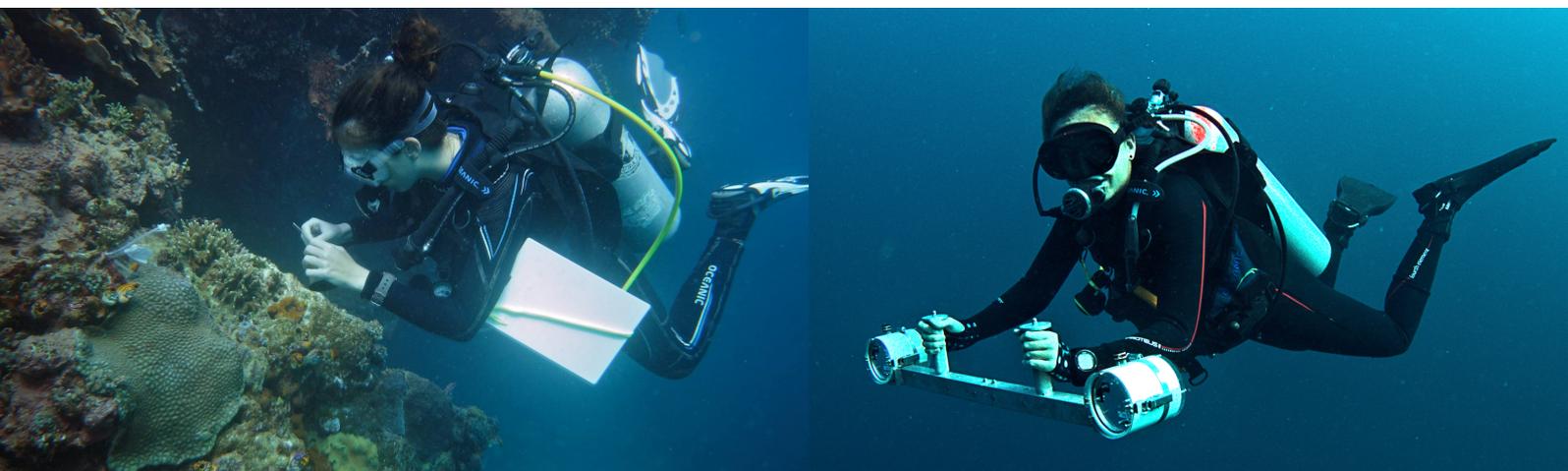
Mayflower Alumni

After leaving Mayflower in 2012 I went on to study Marine Biology at the University of Portsmouth, something I'd wanted to do since I was a child. Whilst there, an opportunity arose for me to carry out my undergraduate dissertation in Indonesia, in the Wakatobi National Marine Park in 2014. I fell completely in love with the island – everything from the sheer biodiversity of the reefs to the warmth of the people. Following my graduation in 2015, my time spent in Indonesia led me to undertake a Masters degree in Tropical Marine Biology at the University of Essex. I once again went back out to the Wakatobi in 2016, studying the chemical competition for space between hard corals and sea sponges for my thesis. Since then, I have returned every year (up until the pandemic) carrying out a number of different roles; from constructing and populating a coral nursery in partnership with the University of Essex and Hasanuddin University, to leading the longest running Reef Monitoring programme in South East Asia and overseeing my own university students.

As this work is seasonal, when I'm back in the UK I work as an Environmental and Quality Management Consultant. In this role, I help companies in several different sectors, such as Plastic Recycling, Construction and Waste Oil Disposal, obtain internationally recognised ISO certification. It's also allowed me to travel, mostly to the USA, where I work in Florida, California and Wisconsin. As I am self-employed, I have the freedom to head off to Indonesia for three months at a time, scheduling work around the seasons.

The help and support I received during my time at Mayflower, especially that from the Biology department, has been invaluable; allowing me to not only achieve my potential academically but also the dream I've had since childhood.

Shannon O'Geran



Achievement points Key Stage 3 and 4

Congratulations to all our students who have been receiving merits in their lessons so far this term. Staff have been continuing to award merits for recognising our students efforts in class and at home and contributing to our school whether it is playing in a team or attending a school club.

Year 11 have just completed their second examination period and therefore their merit total will be less than other Year groups at this stage. Merits and behaviour points are regularly checked within tutor groups as part of our pastoral programme. The current Year group totals from September are:

Year 7 15,867

Year 8 13,026

Year 9 11,006

Year 10 8,494

Year 11 6,660

Achievement Awards (25 merits)

Archie Anson
Owen Anderson

Bronze Award (50 Merits)

Year 8

Year 7

Daniella Tibbs
William Rowley
Luke Mayo
Alexandra Knight
Jamie Clark
Seviye Akyel

Year 10

Adetunji Temiloluwa
Motley Brooke
Harvey Morgan
Charlie Maggs
Harry Harper
Oliver Hall
Kristiana Fabb-Bourne
Gemma Davies
Kie Blackford
Eloise Bishop

Year 7

Isaac Westell
Ella Walker
Ollie Stroud
Harry Showell
Emma Shelley
Maddie Richbell
Jacob Pickworth
Phoebe O'Leary
Ben Mouldsdale
Matilda Mein
Daisy Lewi
Will Hardy
Benedict Guthrie-
Blunkell
Gracie Gold
Harrison Fitzgerald
Yasemin Enver
Stefany Dzhantov
Evie Domakin
Mason Dixey
Judy Davidson
Jack Bentham

Dakota Styles
Tobias Purches
Keziah Newman
Grace Millen
Ethan Lee
Maggie Jolliffe
Olivia Huggett
Elsa Hopwood
Samuel Hintz
Kiera Goulding
Mia Deal
Freddy Crooks
Dylan Coles
Finley Buckley
Amelia Bird
Evan Belcher
Fae Bailey

Year 8

Webb Lana
Sofia Smith
Luke Neville
Bobby Lumley
Louis Dickinson

Year 11

Alex Armstrong
Carrie Mears
Dylan Hasson
Georgia Fulker
Sam Clark
Bobby Bowyer

Year 9

Owen Anderson
Aidan Steward
Thomas O'Reilly
Sonny Griggs
Jaedin Ebiwarebo
Harry Dyer

Year 9

Olly Wiles
Bethany
Wheeler-Lawson
Erinne Turk
Georgia Taylor

Ben Simpson
Charlotte Sell
Ronnie Reeves
Lucie Martin
Clayton Kemmann-Lane
Lola Johnson
Lucy Harbrow
Mia Corbett
Lois Byrne
Scarlett Burton
Izaak Brough
Theo Beauchamp
Thomas Barley

Year 10

Sophie Weston
Andre Scott
Hannah Fleming
Chloe Downer
Amy Caldon
Harris Barnes

Year 11

Ben Woolley
Cameron Wood
Nathaniel Rutherford
Hannah Pitts
Ruby Phillips
Christopher Olson
Elizabeth Nunn
Iona McMorris
Toby Mapp
Thomas Mackaness
Charlotte Flood
Oisín Coughlan



Silver (75 Merits)

Year 7

Isobel St Pier
Archie Scott
Jasmine Patel
Ava Parker
Leila Marns
Chloe Locke-Sinclair
Mikaila Lee
Lola Johnston
Will Hurren
Luca Hernandez
Emily Hall
Freddie Gaffney
Archie Cushing
Tilly Cranshaw
Charlie Collings
Edward Brown
Aaron Bickerstaff
Julianna Bauckham
Jemima Adams

Year 8

Callum Willis
Ruby Toll
Jessie Templin
Ana Sutton
Isaac Seaman-Young
Scarlett Lobb
Sophie Hill
Jamie Gregory
George Cribb
Naomi Clements
Sonny Bowerman

Year 9

Ruby Walsh
Abi Rivas
Joe Paddock
Oscar Naman
Sam Moore
Kyla Moffat
Henry Gilbert

Sophie Farrow
Oliver Barnett

Year 10

Luke Sullivan
Alex Scott
Annie O'Connell
Isabella Humphreys
Archie Goddard
Tom Dodd
Thomas Casey
Jack Alsemgeest

Year 11

Maddie Vickery



Gold Award (100 Merits)

Year 7

Pippa Walker
Henry Tune
Rose Threadgold
Matilda Pierce
Lennon Harris
Ollie Fowler
Charlotte Bilby
Jessica Abraham

Year 8

Harriet Reynolds
Lara McKenzie
Lily Manly

Year 9

Abby Wilkins
Kylan Salih

Amelia Gothard
Lauren Carter
Bartholomew Bloomfield
Charlotte Aris
Samuel Anderson



Special Congratulations to the following for achieving 150 Merits and their Platinum Badge.

Year 7

Sophie Thomas
Mia Pearson

Year 8

Chris Reid

Year 10

Daniel McGuinness
Freya Liggins
Holly Browne



Really well done to all our student it is really fantastic to be able to celebrate their success and efforts. Merits totals are calculated using the conduct points (Merit totals - behaviour points) and were calculated on 4th March.

Mrs E Cooke and Mrs N Ball.